



# PERSONAL DEVELOPMENT

## **INTENT**

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all and ensures that each of our students will understand more about how to play a positive and successful role within our society.

Our aim is to support students' spiritual, moral, cultural, mental and physical development, prepare and equip them for the opportunities, responsibilities and experiences of life.

Our aim is to provide students with a knowledge of their world, locally, nationally and globally and give them confidence to tackle many of the moral, social and cultural issues that they face as they grow up. We aim to provide our students with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.

Our key aims are:

- To promote outstanding personal development so that students become well-educated and well-rounded young adults.
- To promote SMSC development of students and prepare them for the opportunities, responsibilities and experiences of later life.
- To promote good behaviour and positive character traits e.g. stickability; self-regulation and empathy.
- To foster good mental wellbeing in students so that they can fulfil their full potential at school and are well prepared for life.

## **IMPLEMENTATION**

## **HOW ARE STUDENTS SUPPORTED IN PSHE?**

### **RSE DELIVERED THROUGH OTHER AREAS OF THE CURRICULUM**

**Science.** At Key Stage 3 and 4, it includes teaching about reproduction in humans. For example, the structure and function of the male and female reproductive systems, menstrual cycle, gametes, fertilisation, gestation, birth and HIV/AIDS.

**PE.** For example, health education can complement what is taught through PE by developing core knowledge and broader understanding that enables people to lead healthy, active lives.